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Hormones, Supplements, And Ergogenic Aids: Use And Abuse AAS Were Used By 76.7% Of Respondents And

Dietary Supplements Were Used By All. ! Supplements Used Were Protein Shakes, Creatine, BCAA, Glutamine, Vitamins, Fish Oil, And Ephedrine-containing/caffeine Containing Products. ! An Average Of ~3.6-3.3 Steroidal Agents Jan 2th, 2024.

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