

# Urban Pantry Tips And Recipes For A Thrifty Sustainable Seasonal Kitchen

## Amy Pennington Free Pdf Books

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AIR FRYER COOKING TIME SHEET TEMP VEGETABLES Asparagus Broccoli (florets) Brussels Sprouts Carrots Inch Slices) Cauliflower (florets) Corn On The Cob (whole) Eggplant 1.5 Inch Cubes) Green Beans Mushrooms Onions Peppers (whole) Potato Wedges Potatoes (whole) Squash (cubes) Sweet Potatoes (fries) Sweet Potato (whole) Tomatoes (cherry) Uccini Fries Apr 8th, 2024

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