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Detailed List Alkaline Food Chart \$ \$ \$ \$ Vegetables\$ Arugula## Asparagus # Broccoli# Chili # Pepper# Zucchini # Dandelion# Snowpeas# Green#Beans# String#Beans# Runner#Beans# Spinach # Kale# Wakame# Kelp# Collards# Chives# Endive# Chard# Cabbage# Sweet#Potato# # # # # Wegetables\$(continued)# Coriander# Basil Brussels#Sprouts# Cauliflower ... Jan 6th. 2024

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