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M.E.E.T The Herbs My Herbal Philosophy

-Tincture (1:5 25%): 3-10ml Of The Tincture Up To Qid. Root And/or Leaf. -Fluid
Extract (1:1 30%): 2-8ml TID Birch Bark: Betula Lenta Betula Lenta (sweet Birch,
Cherry Birch, Mahogany Birch, Or Spice Birch) Is A Species Of Birch Native To The
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