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## **Mental Toughness Handbook - Dbglab.ru**

The Mental Toughness Team Dr Peter Clough BSc (Hons), MA, PhD, Chartered Psychologist, BASES, Accredited Sports Psychologist The University Of Hull, Department Of Psychology Dr Peter Clough Is The Head Of Psychology At The University Of Hull. A Major Area Of Interest (and One Where He Is Now An Acknowledged Authority) Is Mental Toughness . Jan 2th, 2024

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## **Mental Toughness For Soccer**

Mental Toughness For Soccer Daniel Abrahams BSc

MSc [www.danabrahams.com](http://www.danabrahams.com) About The Author Dan Abrahams Is A Sport Psychologist Specialising In The Sport Of Soccer. He Is A Former Professional Golfer With A Degree In Psychology From The University Of London (First Class Honours) And A Masters Degree In Sport Psychology Jan 2th, 2024

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1 1 Mental Toughness And Athletes' Use Of Psychological Strategies 2 Lee Crust 3 The University Of Hull 4 Kayvon Azadi 5 York St. John University 6 7 Lee Crust Is With The Department Of Sport, Health And Exercise Sciences, Faculty Of Science, The 8 University Of Hull, Hull, East Yorkshire, HU6 7RX. E-mail [L.crust@hull.ac.uk](mailto:L.crust@hull.ac.uk) 9 10 Kayvon Azadi Is With The Faculty Of Health And Life Sciences ... Jun 1th, 2024



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