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Green For Life By Victoria Boutenko Green Delicious: (Maria's Favorite) Blend: 5 Leaves Purple Kale 1/2 Avocado 3 Cloves Garlic Juice Of 1 Lime 2 Cups Water 1 Tsp Salt 2 Roma Tomatoes Yields: 1 Quart Smoothie. Blender: I Just Chopped Everything Up & Used The Garlic Press (same As I Mar 2th, 2024

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