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INGREDIENTS: • Corn, Half The Sour Cream, And Half The Cheese. Add 1 Package Corn Tortillas • 1 Can Frijoles, Kidney Feb 1th, 2024

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Oven Roasted Potatoes - EXTRA RECIPE -- Not On 3ABN One Of Our Favourites. From Vol. 3. (A Variation On The Above.) • 8 Med Potatoes, Red Or New • 1 Med Onion, Coarsely Chopped • 3 To 4 Med Carrots, Sliced • 8 To 10 Whole Cloves Garlic, Peeled • 1 To 2 Tsp Seasoning Salt • 1 To 2 Tbsp Oil Jan 21th, 2024

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1 Tbsp Plus, 2 Tsps Indian Curry Powder 2/3 Cup/ 4.5 Oz. / 125 G Whole Or Semi-pearled Farro, Rinsed 6 To 7 Cups/1.4 To 1.7 Liters Vegetable Broth Or Water 1 Cup/ 8 Oz. / 225 G Plain Yogurt Or Greek-style Yogurt Grated Zest And Juice Of ½ Lemon Instructions: Heat The Oil In A Large Soup Pot Over Medium-high Heat. Feb 20th, 2024

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1 Tbsp Honey 1 Egg, Lightly Whisked Preheat Oven To 170°C. Line A Biscuit Tray With Baking Paper. Sift The Flour Into A Large Mixing Bowl. Add The Sugar, Oats, Bran, Dried Fruit And Almonds And Mix Lightly. Pour The Melted Butter Into The Dry Ingredients Apr 4th, 2024

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