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International Chito-Ryu Karate Federation Of Australia Inc: www.chitoryu.com.au
Page 3 Of 34. Seiza (Correct Sitting) Seiza Is A Formal Sitting Position And Is Used At The Start And End Of Every Class During Meditation And Reflection, And At Vari Jan 1th, 2024

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GoJuRyu Karate Terms And Kanji - Home - Seitou Ryu Karate

Ku “Koo” (as In The Word “cookoo”) Kumite Ke “Keh” (as In The Word “kept”) Ken Or Uke Or Kake Ko “Koh” (as In The Word “Cocoa”) Kohai Kya “Keeyah” Kyakkō Kyu “Keeyu” (as In The Word “Cute”) Kyuk Apr 5th, 2024

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Mark E. Colgan Current Karate Rank: 5 Dan Shuri Ryu, 6

2006 – 2007 USKA National Point Champion In Black Belt Men Kata (forms) And Kobudo (weapons). 2007 USKA All-American USKA World Champion In Black Belt Men Kata (forms) 2008 . The List Above Is Not Complete, Keeping Track Of Personal Accolades Has Never Been My Motivation For Competition, However, As A

Competitor, I Have Placed In Top 3 In Every USKA & PKC Tournament I Have Participated In ... Feb 4th, 2024

Goju Ryu Karate Kyohan Gogen Yamaguchi

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Karate Do Wado Ryu By Ohtsuka Hironori

May 29th, 2020 - In 1991 Master Suzuki Took Over From Ohtsuka Sensei In Protecting The Essence Of Wado Ryu And Established The Wado International Karate Do Federation Wikf In Addition To His Acplishments In Karate Professor Suzuki Is A 2 Nd Dan In Tenshin Koryu Bo Jitsu Stick Fighting And A 1st Dan In Judo He Has Also Studied Zen Doctrine With The' Mar 9th, 2024

Shito-ryu Karate-do Kofukan Training Guide

Shito-ryu Karate-do Kofukan Training Guide 8th Kyu Senior Stances Zenkutsu Dachi (long Fighting Stance) Musubi Dachi (fig.1) Heiko Dachi (fig.2) Punches Jodan Oizuki – Front Hand Punch To Face (between Nose And Top Lip) Chudan Oizuki – Front Hand Punch To Solar Plexus) Gedan Oizuki – Front Hand Punch To Below Naval Feb 3th, 2024

TANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJA

TANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJA Glavni Inštruktor: Anton Maruša, 6.DAN, Novo Celje 6, 3301 Petrovče, Slovenija, T/F: +386 (0) 3 5707 188 Mar 9th, 2024

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SHITO-RYU KARATE-DO KOFUKAN INTERNATIONAL Shihan Keiji Tomiyama 8 Dan (Tasshi) Øystein Graf 6 Dan, Domenico Graziano 6 Dan Og Michael Johansson 6 Dan Påmelding Påmelding Klubbvis Eller Individuelt Til Michael@santokai.no. For Mer Informasjon Michael Johansson På Mobil 901 22 091 Betaling Kr. 500, - For Begge Dager, Eller Kr. 350/dag. Jan 6th, 2024

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